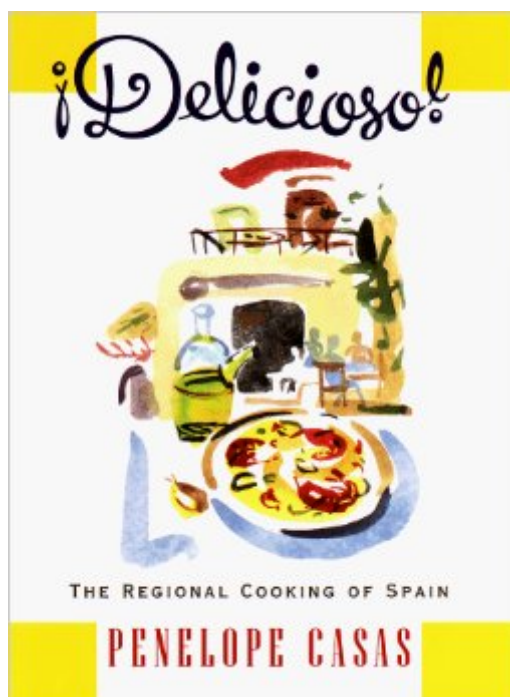


The book was found

Delicioso! The Regional Cooking Of Spain



Synopsis

Bursting with the enticing and varied flavors of the seven culinary regions of Spain, this new cookbook by the most knowledgeable American expert on Spanish cuisine takes readers on a gastronomic journey filled with new discoveries. Over 400 recipes. of color photos.

Book Information

Hardcover: 480 pages

Publisher: Knopf; 1st edition (April 30, 1996)

Language: English

ISBN-10: 0679430555

ISBN-13: 978-0679430551

Product Dimensions: 6.7 x 1.5 x 9.5 inches

Shipping Weight: 1.9 pounds

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (17 customer reviews)

Best Sellers Rank: #646,589 in Books (See Top 100 in Books) #116 in [Books > Cookbooks, Food & Wine > Regional & International > Latin American](#) #120 in [Books > Cookbooks, Food & Wine > Regional & International > European > Spanish](#)

Customer Reviews

`Delicioso!' and `Paella!' are leading Spanish cuisine writer Penelope Casas' latest books, following her similar pair, `Tapas' and `The Food and Wine of Spain'. In many ways, the later books are more similar to one another than they are to the earlier books. Both concentrate on regional cuisines. While the paella is certainly made throughout Spain, the dish originated in Valencia with many other rice dishes, described in `Delicioso!' as `region of the rices'. Similarly, while `Delicioso!' covers all of Spain, it is not, like `The Food and Wine of Spain', a work which is intended to touch all aspects of the country's cuisine, although it is an excellent supplement to the earlier work. Since `Delicioso!' is organized by region and `The Food...' is organized by type of dish, they are like the warp and weft of the same piece of cloth. While the latter book provides the support and strength, giving us all the details about technique, ingredients, and wines, the former book enlivens the discussion by going into depth on selected regional specialities such as four different Tortilla Espanola recipes from Andalucia (Sevilla, Granada, Cadiz, Cordoba, Gibraltar) on the southwestern corner of Spain, which Casas baptizes as `The Region of Fried Foods & Gazpachos'. This chapter may give the historically naïve a notion that the Spanish Celts somehow brought a love of potatoes to Spain. The fact is exactly the opposite, as it was the Spanish who introduced the potato to Europe, specifically through

the ports of Cadiz and Granada rather than the spud's coming from Ireland into northern Celtic Spain of Galicia. Casas dubs Galicia as 'The Region of the Sauces', which is entirely appropriate as it is very close culinarily and geographically to France.

[Download to continue reading...](#)

Delicioso! The Regional Cooking of Spain Southern Cooking: Southern Cooking Cookbook - Southern Cooking Recipes - Southern Cooking Cookbooks - Southern Cooking for Thanksgiving - Southern Cooking Recipes - Southern Cooking Cookbook Recipes Spain: A Traveler's Guide to the Must See Cities in Spain! (Barcelona, Madrid, Valencia, San Sebastian, Bilbao, Santiago de Compostela, Toledo, Cordoba, Seville, Granada, Travel Spain) The Cooking of Spain and Portugal, plus accompanying Recipes: The Cooking of Spain and Portugal (Time-Life Foods of the World) Amazing Pictures and Facts About Spain: The Most Amazing Fact Book for Kids About Spain Anatomy: A Regional Atlas of the Human Body (ANATOMY, REGIONAL ATLAS OF THE HUMAN BODY (CLEMENTE)) The Cooking of Spain and Portugal (1 Hardcover and 1 Spiral-bound Recipes Book, in Binder) (Time Life Books: Foods of the World) Regional Cooking of China La Cucina: The Regional Cooking of Italy Over a Fire: Cooking with a Stick & Cooking Hobo Style - Campfire Cooking The Everything Guide To Cooking Sous Vide: Step-by-Step Instructions for Vacuum-Sealed Cooking at Home (Everything: Cooking) Photobooks Spain 1905-1977 New England / New Spain: Portraiture in the Colonial Americas, 1492–1850 (Symposium) Balenciaga and Spain Michelin Map Spain & Portugal (Michelin Map, 990) Software Reuse: Methods, Techniques, and Tools: 8th International Conference, ICSR 2004, Madrid, Spain, July 5-9, 2004, Proceedings (Lecture Notes in Computer Science) System Analysis and Modeling: Models and Reusability: 8th International Conference, SAM 2014, Valencia, Spain, September 29-30, 2014. Proceedings (Lecture Notes in Computer Science) Tapas: A Taste of Spain in America La Paella: Deliciously Authentic Rice Dishes from Spain's Mediterranean Coast Tapas (Revised): The Little Dishes of Spain

[Dmca](#)